

Guide for authors

The Revista Interdisciplinar Ciências Médicas (RICM) publishes case reports, original studies, and systematic review studies of interest to clinicians and researchers in Medical Sciences, Health Sciences, Health Technology, and Biomedical Engineering.

The Revista Interdisciplinar Ciências Médicas publishes only unpublished articles. Authors must undertake not to submit the manuscript for simultaneous evaluation in other journals.

The magazine values compliance with ethical principles. Therefore, plagiarism is not allowed. There are no submission or publication fees.

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ARTICLE TYPES

Original Article

It represents, but not exclusively, experimental (basic sciences) or clinical (applied sciences) and translational studies. It also involves studies in health economics. It is important to emphasize that the structure must contain detailed methodology and original significant results in innovation and technology.

The following types of study can be considered for publication if directly related to the journal's scope:

Intervention studies (clinical trials)

- Clinical trials include single-case experimental studies, case series, non-randomized controlled trials, and randomized controlled trials.
- Randomized controlled trials (RCTs) **must follow** the [CONSORT recommendations \(Consolidated Standards of Reporting Trials\)](#). The CONSORT checklist and flow diagram must be completed and submitted at the time of submission.
- Clinical trials must be properly registered prospectively (i.e., registration of the trial in a public trial registry at or before the first patient is enrolled). The registration must be presented in the body of the manuscript.

Observational studies

- Observational studies include cross-sectional studies, cohort studies, and case-control studies.
- Observational studies **must be written** following the [STROBE \(STrengthening the Reporting of OBservational studies in Epidemiology\)](#) recommendations. The STROBE checklist must be completed and submitted at the time of submission.

Health Economic Studies

- Health economic studies must follow the guidelines from [Consolidated Health Economic Evaluation Reporting Standards 2022 \(CHEERS2022\) Statement](#).

Systematic Review Articles

- Systematic review with or without meta-analysis. Literature, narrative, or integrative reviews will not be accepted.

- To adapt the text, systematic reviews **must follow** the [PRISMA \(Preferred Reporting Items for Systematic Reviews and MetaAnalyses\) checklist](#). The checklist must be filled out and sent at the time of submission.

Case report

- Description of cases (up to 3 reports) or case series (more than 3 cases) on rare diseases, rare presentations of prevalent diseases, or unusual situations in disease management.
- To adapt the text, [The CARE Guidelines: Consensus-based Clinical Case Reporting Guideline Development](#) **must be followed**. The checklist must be filled out and sent at the time of submission.

Letters to the Editor

This category includes quick communications, technical notes, and letters expressing comments or critical opinions (based on current literature) on articles previously published in the Revista Interdisciplinar Ciências Médicas.

Narrative or Scope Review Articles

These are articles requested by the editor.

Manuscripts involving humans or animals must indicate adherence to appropriate guidelines and approval of protocols by their respective research ethics committees, and the committee approval number. Manuscripts must make it clear that ethical principles were respected and are following Resolution 466/12 of the National Health Council.

GENERAL RULES

- The Revista Interdisciplinar Ciências Médicas receives, for submission, manuscripts with up to six (6) authors.
- Manuscripts must be fully unpublished and cannot be submitted for simultaneous evaluation in another scientific journal.
- Articles in Portuguese and American English will be accepted. Articles submitted in Portuguese will be published in two languages: Portuguese and American English, and the authors will be responsible for translating the original Portuguese version into an American-English version. Articles originally accepted for publication in American English will be published in American-English version only.

- Except from the title page file, all the other files must be submitted without any element identifying the authors or institutions where the study was developed.
- The information contained in the article is the sole responsibility of the authors.
- The selection of articles that will make up the edition is at the discretion of the Editorial Committee, considering the indexing criteria.

Manuscripts **must be sent** electronically via the website <https://revista.fcmmg.br/index.php/RICM>. Submissions made via email or other contact tools will not be considered or responded to under any circumstances. In case of technical issues, please contact us for help. In addition, all the evaluation processes **must occur** via the same website, and, as such, doubts, discussions, or file submissions via email or other contact tools will not be considered or responded to under any circumstances.

When submitting, the documents listed below must be submitted in Microsoft Word editable format, including tables. Figures must be submitted as JPG or PDF. Files must be named according to their content, using (-) to determine space and insert the day, month, and year, as per example: *cover-letter-04062024*. Files with inappropriate names will not be accepted and may be rejected.

1. Cover letter
2. Title page
3. Illustration abstract
4. Highlights
5. Manuscript
6. Figures
7. Tables
8. Equator checklist
9. Ethics committee approval
10. Co-authorship accordance term
11. Disclaimer and Copyright Transfers

If the manuscript is approved, files (2) to (7) will be published. The remaining documents will be archived on the platform.

COVER LETTER (file name: **cover-letter-DDMMYYYY**)

A cover letter must be addressed to the Editor-in-Chief. It is necessary to present the objective and the main results (one paragraph), the unprecedented nature of the work based on data available in the current literature (one paragraph), and the impacts of the results found in research, management, or assistance (one paragraph). [Click to download the document template.](#)

TITLE PAGE (file name: title-page-DDMMYYYY)

Essential title page information:

1. **Title.** It must be informative, clear, and concise. You should avoid abbreviations and formulas whenever possible. The format is Arial font, size 12, and in bold.
2. **Running title.** You should use a maximum of 40 characters, including spaces. The format is Arial font, size 10, and in bold.
3. **Authors.** The maximum number of authors is 6 (six). You must write their full names, with a numbered superscript to indicate the affiliation, then separated by a comma. There is no connecting word (e.g., “and”) in the last author. The corresponding author should be highlighted as well with a “#”.
4. **Affiliations.** The affiliations must be ordered as described by the authors. The format is Arabic number superscript. You must include the department (English), the name of the institution (in the native language), the city, and the country.
5. **Corresponding author.** You should provide your full address, email, and phone number (remember the international code).
6. **Authors’ contributions.** You must provide your contributions to the manuscript, using the relevant functions of CRediT (<https://credit.niso.org/>). The CRediT taxonomy includes different functions that describe each author’s specific contribution to academic production. Each author must have at least 3 (three) types of contributions.
7. **Emails.** A list of authors’ emails should follow, relating to the name of each author.
8. **ORCIDs.** A list of authors’ ORCIDs should follow, relating to the name of each author. It is imperative that all authors have ORCID.
9. **Declaration of interest.** You must declare the existence or not of conflicts of interest (professional, financial, and direct and/or indirect benefits), which may influence the results and discussions inherent to the research. Please, follow the instructions of the International Committee of Medical Journals Editors ([ICMJE | Disclosure of Interest](#)).
10. **Acknowledgments.** You must include collaborators or institutions that do not meet the study authorship criteria by the CRediT taxonomy.
11. **Financial statement.** You must inform sources of funding. It is not necessary to include detailed information. If the study was not funded, this information must also be provided.

- 12. Ethical statement.** You must declare that the study was approved by the appropriate institutional committee(s) and the procedures involved were carried out following ethical principles. The declaration must contain a reference to the ethical approval(s) obtained and the respective date. For human studies, you must ensure that a statement regarding informed consent is included in the manuscript. If the study is not suitable for a formal ethical approval, the reason may be described.
- 13. Declaration of use of artificial intelligence (AI) in scientific writing.** You must declare the use of AI and other AI-assisted technologies in the scientific writing process on the title page. If AI technology was used, we advise it must have been carried out under supervision, where authors must have reviewed the writing and remain responsible for the final content of the work. If AI was used, the declaration must be written in a separate document signed by all the authors and submitted as an additional file. The declaration must also be written on the title page.
 - Example: *“During the preparation of this work, the author(s) used [NAME TOOL/SERVICE] for [REASON]. After using this tool/service, the author(s) have reviewed and edited the content as necessary and take full responsibility for the content of the publication.”*
- 14. Declaration of use of medical writing.** You must declare the use of medical writing assistance in the scientific writing process. If medical writing assistance was used, we advise it must have been carried out under supervision, where authors must have reviewed the writing and remain responsible for the final content of the work. If medical writing assistance was used, the declaration must be written in a separate document signed by all the authors and submitted as an additional file. The declaration must also be written on the title page.
 - Example: *“During the preparation of this work, the author(s) used medical writing assistance [NAME WRITER/COMPANY] for [REASON]. After using this service, the author(s) have reviewed and edited the content as necessary and take full responsibility for the content of the publication.”*
- 15. Reviewer suggestions.** Authors must suggest 3 (three) possible reviewers, providing their full name, affiliation, and contact email. The appointed reviewers cannot have participated in any part of the study. The appointed reviewers must not work at the same institutions as the authors. It will be up to the editor to decide whether or not to invite the suggested reviewers.
- 16. Countings.** You must provide the number of authors, words (abstract and manuscript), illustrations (tables and figures), and references.

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ILLUSTRATION ABSTRACT (file name: illustration-abstract-DDMMYYYY)

Illustration abstracts are a single image designed to help the reader quickly gain an overview of a scholarly paper, research article, thesis, or review. As such, it quickly ascertains the purpose and results of a given research, as well as the salient details of authors and journals. Authors must provide an original image that represents the work described in the article. Please, provide an image using a minimum resolution of 300 dpi. Use Arial font and a font size suitable for reading.

HIGHLIGHTS (file name: highlights-DDMMYYYY)

Highlights are short sentences that summarize the whole manuscript. They should be divided into three subtopics: “What is already known?”, “What was shown?”, and “How can the study aggregate to the literature?”. Each subtopic must contain one up to three sentences as bullet points, with a maximum of 80 characters each, in Arial font, and size 12. [Click to download the document template.](#)

MANUSCRIPT (file name: manuscript-DDMMYYYY)

The following general guide should be followed:

1. Use of inclusive language
2. Use of scientific and formal language (Portuguese or American English)
3. Inclusion of abstract, text itself, references, and legends of the figures (tables and figures must be submitted in different files)
4. Margins 2 cm on each (4) side
5. Pages numbered consecutively (Arial font, size 12)
6. Lines numbered consecutively
7. Blinded text
8. Text in Arial font, size 12, and spacing 1.5, justified at left
9. References as AMA, using the Mendeley reference tool

The manuscript, including the illustration abstract, highlights, figures, and tables, must be blinded. Unblinded documents will be rejected. After formal approval, the editorial team will ask for an unblinded version.

The manuscript must be organized into clearly divided sections. Each title and subtitle must be on a separate line and must not be numbered. Titles must have the first letter capitalized and in bold (e.g., **Title**). Subtitles must have the first letter capitalized, without bold (e.g., Subtitle). Further hierarchies are not allowed.

Abstract. A concise structured summary (titles: Introduction, Objective, Methods, Results, Conclusion) with a maximum of 250 words is required, excluding titles. Case reports and Letters to the Editor do not require abstracts.

Keywords. You may include five or six words or expressions that identify the content of the article. Each keyword must have the first letter in capital and be separated from the others by semicolons.

Introduction. It must reflect the most current knowledge regarding the topic in question, containing recent references. The last paragraph must contain the rationale and the objective of the work, which must be based on what was previously explained in the introduction.

Methods. Provide sufficient details to ensure understanding of the study procedures and allow reproduction of the study. The methods must be presented in subsections: study design, participants, instruments, procedures, and statistical analysis.

Results. The results must be clear and consistent with the objective(s) of the study. Avoid repetition of information between the text and the figure(s) and table(s).

Discussion. The discussion should explore the meaning of the work results, not repeat them. Avoid extensive citations and discussions about literature publications, but remember to base the discussion on published reports. Seek to highlight the contributions of research to the academic/scientific environment.

Limitations. Pointing out the limitations and biases of the study is mandatory.

Conclusion. The main conclusions of the study can be presented in a short conclusion section, organized in the structure of a single paragraph. The conclusion must be strictly related to the results.

References. Use Mendeley for references and citations. Citations throughout the text must be done in superscript numbers, after punctuation and juxtaposing it. Make sure that all references cited in the text are also present in the list of references (and vice-versa). The reference format is American Medical Association (AMA). Mendeley must be used as a reference manager. Manuscripts with inappropriately formatted references will be rejected.

Figure and table legends. Figure legends must be included on the last page of the manuscript, according to the order they appear in the text, properly numbered. All the abbreviations may be expanded in a footnote.

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FIGURES AND TABLES (file names: table01-DDMMYYYY, table02-DDMMYYYY, figure-01-DDMMYYYY, etc.)

Each table and each figure must be submitted in a separate document. Tables must be in Word format. Standardize the number of decimal places for each variable in all tables and text. Critically evaluate the use of tables and verify that the data presented in the table do not duplicate results described elsewhere in the manuscript. Figures must be numbered consecutively in Arabic numerals in the order of appearance in the text. The resolution of the figure must contain 300 dpi. Figures and tables can be cited directly in the text or parentheses. All illustrations must have numbering and a title after the period, for example, “Table 1. Example.”

EQUATOR CHECKLIST (file names: equator-checklist-DDMMYYYY)

According to your study design (e.g., intervention, observational, case report, systematic review, cost-effectiveness analysis, etc.), you must include an Equator checklist ([Reporting guidelines | EQUATOR Network \(equator-network.org\)](https://www.equator-network.org/)). In this checklist, you must point the exact page(s) where the solicited information was described.

ETHICS COMMITTEE APPROVAL (file name: ethics-committee-approval-DDMMYYYY)

Please provide the approval document. It will not be published elsewhere.

CO-AUTHORSHIP ACCORDANCE TERM (file name: coauthorship-accordance-term-DDMMYYYY)

You have to download the term or you may elaborate on a similar one. All authors must date and sign the term, confirming they participated in any part of the study and manuscript elaboration, they approved the final text, and they approved the submission of the manuscript to be appreciated for publication in the Revista Interdisciplinar Ciências Médicas. [Click to download the term.](#)

SUBMISSION OF REVIEWS

In the case of revisions required by the reviewers, the following documents must be returned:

- A letter must address each reviewer’s comment or suggested adjustment. When appropriate, the adjustments may be highlighted in yellow where the inclusion, exclusion, or change was done. The file name will be answer_reviewers_DDMMYYYY.

- Each modified document with the inclusion, exclusion, or change manuscript must be submitted. The adjustments may be highlighted in yellow. The new file name will have the date when the new version was uploaded.
- You must not upload the files that were not adjusted.

CRITERIA FOR APPROVAL AND PUBLICATION OF ARTICLES

- For any circumstances, not meeting the required deadlines to submit the files is subject to rejection;
- Manuscripts will be initially evaluated for compliance with the publication standards described in this “Guide for Authors” section. If they are not suitable, they will be returned to the authors for adjustment;
- Once approved for review according to the guides for authors, they will be submitted for assessment of scientific merit by the Editor. The Editor can decide to reject or send the article for analysis by two blind peer reviewers, who do not have conflicts of interest with the authors;
- If there is a disagreement between two blinded peer reviewers, the Editor may request the evaluation of a third reviewer;
- Based on the opinions and judgment of the Editorial Committee, the manuscript will receive one of the following recommendations: 1) accepted; 2) required revisions;; 3) rejected.
- If the manuscript is recommended as “revisions required”, it will be returned to the author(s) for adjustment.
- If the article is accepted, the version will be sent to the authors for correction. In this version, it is not possible to make substantial changes to the manuscript.
- If the article is accepted, it must be translated into American English (if not submitted in this language). This translation is the responsibility of the authors and must be sent together with the final corrected version in Portuguese (if submitted in this language). Texts originally submitted in American English are not required to be translated into Portuguese.
- Accepted articles will be published according to the journal’s editorial schedule.
- If the authors do not meet all the criteria requested by the reviewers and Editor, the manuscript may be rejected from the second round of evaluation. This decision will be taken by the Journal’s editorial board and aims to speed up the manuscript analysis process.
- Failure to adapt the manuscript to the journal’s standards may result in rejection.